

# The Dulaan Project

## Knitting to Warm Mongolia



*Dulaan* is the Mongolian word for warm. Think of it as not just being physically warm, but also the warm heart of human love, and the warm feeling that grows from knowing that you have touched a life, even on the other side of the world.

The Dulaan Project is a cooperative effort of the Flagstaff International Relief Effort (F.I.R.E., 501c3), Mossy Cottage Knits, and the Kunzang Palyul Chöling (KPC) Buddhist community of Sedona, Arizona. The project seeks to inspire the generous spirit of the knitting community to help meet the urgent needs of Mongolia's impoverished people.

Mongolia's winter is extreme; the capital city, Ulaanbaatar, is the coldest capital in the world. It rarely gets above freezing on winter days, and can often plunge to -40°F at night. To survive, many of the homeless live in the heating ducts below the nation's cities. Warm, well-made clothing can allow a child to go to school or an adult to go to work; restore a sense of dignity; and, in some cases, literally save a life.



### How To Help

#### Participation in The Dulaan Project is simple:

- You may use whatever yarn and colors you like. There is a need for hats, mittens, socks, neck gaiters, scarves and sweaters for all ages from babies to adults—especially for children ages 2-10. Think warmth and simplicity. Links to patterns are posted on The Dulaan Project web page, ([www.fireprojects.org/dulaan.htm](http://www.fireprojects.org/dulaan.htm)), including one for double-thick fleece blankets that require no knitting or sewing.
- When packing your items, write your name and address, as well as the number of and types of items in the box, on a piece of paper. Put the paper into an envelope and tape the envelope securely to the box.
- Send your items to The Dulaan Project, F.I.R.E., 107 N. San Francisco St., Studio 4, Flagstaff, AZ 86001. **All items received by July 1** will be shipped to Mongolia on July 15. F.I.R.E. volunteers will personally distribute them in Mongolia this fall. Items received after July 1 will be sent in 2006.
- **Tell your friends!** Give this flyer to other knitters; place take-away copies at your local yarn shop; email the project link to your address list; post the link to your favorite knitting blog; publish information about the project in your guild's newsletter; and encourage everyone to pass it on!
- Check online at Mossy Cottage Knits for progress reports!

### Contacts

- Flagstaff International Relief Effort (F.I.R.E.)—  
Website: [www.fireprojects.org](http://www.fireprojects.org)  
Phone: 928-779-1966 • Email: [fire@fireprojects.org](mailto:fire@fireprojects.org)  
The Flagstaff International Relief Effort is a 501c.3 non-profit organization. All donations are tax deductible. A receipt will be mailed.
- KPC Sedona—  
[www.kpc-sedona.org](http://www.kpc-sedona.org)
- Mossy Cottage Knits—  
[www.nwkniterati.com/movabletype/MossyCottage/](http://www.nwkniterati.com/movabletype/MossyCottage/)