

**FIRE - Langtang Volunteer Trip**  
**October 2017 - Itineraries**

**Trek / Trek** - October 6-21, 2017

*(7 or 8 nights in Langtang, 4 nights Kathmandu)*

Oct 6	Arrive in Kathmandu, shuttle to hotel
Oct 7	Sightseeing or free time in Kathmandu
Oct 8	Jeep to Syabru Bensi (spelling varies) stay the night here
Oct 9	Hike to Lama Hotel (5hr)
Oct 10	Hike to Langtang or Mundu (6hr) or take a rest day
Oct 11-16	Stay in Langtang Valley for volunteer work
Oct 17	Begin hike down valley to Lama or Rimche (4-5hr)
Oct 18	Hike to Syabru Bensi (5hr)
Oct 19	Jeep to Kathmandu
Oct 20	Sightseeing (Boudha & Syambhu) in the morning, free time for shopping
Oct 21	Fly home

**Fly / Fly** - October 9-19, 2017

*(7 nights in Langtang, 4 nights Kathmandu)*

Oct 9	Arrive in Kathmandu, shuttle to hotel
Oct 10	Sightseeing or free time in Kathmandu
Oct 11	Fly via helicopter to Langtang
Oct 12-16	Stay in Langtang Valley for volunteer work
Oct 17	Fly via helicopter back to Kathmandu
Oct 18	Sightseeing (Boudha & Syambhu) in the morning, free time for shopping
Oct 19	Fly home

**Fly / Trek** - October 9-21, 2017

*(7 nights in Langtang, 4 nights Kathmandu)*

Oct 9	Arrive in Kathmandu, shuttle to hotel
Oct 10	Sightseeing or free time in Kathmandu
Oct 11	Fly via helicopter to Langtang
Oct 12-16	Stay in Langtang Valley for volunteer work
Oct 17	Begin hike down valley to Lama or Rimche (4-5hr)
Oct 18	Hike to Syabru Bensi (5hr)
Oct 19	Jeep to Kathmandu
Oct 20	Sightseeing (Boudha & Syambhu) in the morning, free time for shopping
Oct 21	Fly home

**Please note**

- The above start and end dates are the arrival and departure dates from Kathmandu, Nepal. These dates are the latest and earliest dates you need to arrive in and depart from Nepal. Travel to and from your home country are additional to these dates.
- The itinerary is planned to the best of our knowledge, but please know that there may be unexpected changes. We will do our best to inform you and support you, but please be flexible.
- All rooms are shared room with two people per room at either hotel t-she or shechen guest house. Upgrades are available.
- Transportation is provided by private jeep.